

Physical Education

Teacher: Ms Marrazzo

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Office Hours: Teachers are available for extra help before and after school

Course Description:

This one-semester physical education class that concentrates on activities students can pursue for a lifetime. Activities may include but are not limited to golf, tennis, water games, archery, skating, volleyball, fitness, biking, badminton, bowling, basketball, low organized games, ropes course, climbing wall and outdoor games. This course can only be taken one time to fulfill one of the three physical education graduation credits but may be taken again for an elective credit.

Learner Outcomes:

- ❖ Student will demonstrate positive sportsmanship/citizenship behaviors.
- ❖ Students will attain or maintain a healthy active lifestyle.
- ❖ Students will acquire the necessary knowledge and skills to participate in a variety of physical activities.
- ❖ Students will learn to accommodate the diversity found in Physical Education as it relates to the other gender, cultures, ethnic groups and physical abilities.

Grading Policy:

100-97 = A+	89-87 = B +	79-77 = C +	69-67 = D +	59 & Below = F
96-94 = A	86-84 = B	76-74 = C	66-64 = D	
93-90 = A-	83-80 = B -	73-70 = C -	63 - 60 = D -	

Assessment for Learning:

- Attendance/Participation
- Skills/Improvement
- Citizenship/Effort
- Written tests/Projects
- Semester Exam: 15%

Major Resource Materials...Dress Code - Students are expected to dress properly for PE class every day, athletic wear only (no jeans). Jewelry must be taken off and shoes must be tied for safety precautions. Students not properly dressed for class will receive point deductions. Clothing should not be offensive (no alcohol/tobacco advertisements or inappropriate language). During outdoor units students should bring proper clothes according to the weather. Early morning classes should bring a change of shoes and sox because of the dew on the grass. Each student will provide a lock to secure their personal items. Thefts occur when items are not secured. Purchase a lock for \$5.00 from your PE teacher if you need one.

Policy for Making up P.E. Classes:

- ❖ Time requirement is 60 minutes for each block class. Return slip to your teacher.
 - You cannot use your school sports practice/games or vacation activities for makeup time.
 - Athletes are NOT excused from participating in PE classes they are attending due to competition later in the day. The activity may be adjusted for them but they are not excused from the activity.

- Students are given one week after the unit ends to make up an absence. Once the deadline has passed, no credit will be given for the makeup.

- Classes that are missed in the swimming and skating unit must be made up with that specific activity.

Classes that *DO NOT* have to be made up:

- ❖ Covered by a medical excuse (written by a doctor, therapist, or certified athletic trainer).
- ❖ Students participating in a school-sponsored activity:
- ❖ Field trips
- ❖ Choir/band/musical special performances
- ❖ Special testing
- ❖ Athletic event

Class that *DO* need to be made up:

- ❖ Illnesses/injuries NOT covered by a medical excuse
- ❖ Vacations
- ❖ Personal business

Procedure for Making up Classes:

Option#1: Attend another PE class during your study hall time. Get permission from the teacher of the class you want to attend. Have that teacher sign a makeup slip that you made up a class. Return note to your regular teacher.

Option#2: If option #1 is not possible: Make up the class at some on-campus facility (AHS pool, weight room, Mullett Ice Center). Have the supervisor in that area sign a make-up slip.

Tardy Policy: The consequence for being tardy goes as follows:

- ❖ 1st, 2nd offenses = verbal warning
- ❖ 3rd offense- phone call or email home
- ❖ 4th offense=Saturday detention

Classroom Conduct: "The Wally Way"

- ❖ Be Appropriate
- ❖ Be Responsible
- ❖ Be Respectful